

YOUR ANTENATAL CARE



Antenatal care is the care you get from health professionals during your pregnancy.

It's sometimes called pregnancy care or maternity care.

You'll be offered appointments with a midwife, or sometimes a doctor who specialises in pregnancy and birth (an obstetrician).

You should start your antenatal care as soon as possible once you know you're pregnant. You can do this by contacting a midwife by phoning **Royal Berkshire Hospital Maternity Services, Maternity Appointments Line 0118 322 8964 / Option 1** (lines open Mon-Fri 8am – 6pm)