

# GROVELANDS MEDICAL CENTRE

## SPRING NEWSLETTER



**April 2023**

**ISSUE. 9**

### Armed Forces Veteran Friendly GP Practice

If you fall within this category please ensure the surgery is aware so we can mark your records accordingly and you receive the best care and treatment.



**Armed Forces veteran friendly accredited GP practice**

GB BLS GP

### MASTA Travel Clinic

(Private travel clinic within Grovelands Medical Centre)

If you are travelling abroad, contact us to arrange any

Required travel vaccinations. We are open to the general public.

Ring us on 0330 1004 200.



### Covid Vaccinations

Covid Spring Booster Vaccinations will be starting from the 19th April. We have clinics running on the 19th, 26th April & 3rd May. Eligible patients who are able to receive the vaccine:

- 75 years +
- Care home patients
- Housebound patients who are 75 years +



### Announcements



Trudi, our Summariser, retiring after many years working at the surgery. We wish her a long and happy retirement.

### New Staff

Welcome to the new members of our team.

- Dr. M. Mmadu (Salaried GP)
- Flo (Paramedic)
- Melissa (Reception)
- Tammy (Reception)
- Raluca (Reception)

### RED NOSE DAY



Staff dressed in red with funds collected in aid of charity.

### Maternity Leave

Amy and Dr. Nair will shortly be on Maternity leave, we wish them well.



### Upcoming Events

- **April 2023** is Stress Awareness month. For more info please visit: [Stress - Every Mind Matters - NHS \(www.nhs.uk\)](https://www.nhs.uk)
- **May 2023** is National Walking Month to encourage people to walk more. For more info please visit: [National Walking Month | Living Streets](#)
- **5th May** is World Hygiene Day. Aiming to prevent healthcare-associated sepsis through hand hygiene and infection prevention and control action. For more info please visit: [Sign up for SAVE LIVES:](#)

### Statistics

Over the last 3 months we have had 592 DNAs from face -to- face appointments. Average of 45 DNA / week

