

GROVELANDS MEDICAL CENTRE

SUMMER NEWSLETTER



July 2026

ISSUE. 18

CQC (Care Quality Commission)

We are delighted to share that following our recent Care Quality Commission (CQC) inspection, our practice has been awarded an overall rating of 'Good'. This achievement reflects the dedication, professionalism, and hard work of our entire team, who strive every day to provide safe, effective and compassionate care for our patients. We would also like to extend our sincere thanks to our patients for their continued support, kindness, and valuable feedback throughout the inspection process. Together, we remain committed to delivering the highest standard of care and support to our community, and we look forward to continuing to serve you with the quality and compassion you deserve.

Stay cool in the HEAT

As temperatures continue to rise across the UK, it's important to take simple steps to stay safe in the heat. NHS England advises keeping out of the sun during the hottest part of the day (11am–3pm), drinking plenty of fluids, wearing light, loose-fitting clothing, and using sunscreen when outdoors.

Older adults, young children, and people with long-term health conditions are particularly vulnerable to the effects of hot weather, so remember to check in on family, friends and neighbours who may need extra support. By taking a few simple precautions, we can all enjoy the sunshine while staying healthy



Covid Spring Boosters

This spring, our COVID-19 booster clinics were a great success, with sessions running smoothly from start to finish. We were delighted to receive so much positive feedback from patients, many of whom praised how seamless and well-organised the entire experience was.

Upcoming Events

Alcohol Awareness week 6th–12th July. For more info, please visit: [Alcohol Awareness Week](#) | [Alcohol Change UK](#)

World Breastfeeding Awareness week 1st–7th August. For more info, please visit: [World Breastfeeding Week \(WBW\)](#) - [World Alliance for Breastfeeding Action](#)

Statistics

Over the last three months, we have had 649 missed appointments, averaging 50 Did Not Attend (DNA) appointments per week. These missed appointments equate to approximately 108 hours of clinical time that could have been allocated to patients requiring care.